



Secrets of the Happy Soul

by Katie Orr

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“What I love most about this book is that the secrets Katie reveals are not simply steps to rehearse or goals to reach for. Katie digs much deeper to show us how the secrets of a happy soul are the unlimited riches already deposited in every Christ follower, and she unpacks how to work them out in our everyday lives.”

**—Jeannie Cunnion,
author of Mom Set Free**

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BOOK ANNOUNCEMENT

**Experience the Deep Delight
You Were Made For**

Secrets of the Happy Soul

Experience the Deep Delight You Were Made For

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How do some people do it? They rise above the circumstances and distractions of life and remain consistently happy. For the rest of us, the pursuit of lasting happiness can be exhausting. No matter how hard we try, dissatisfaction and discouragement inevitably return.

But what if there is another way? A true path to happiness that is far better than chasing an elusive ideal? In *Secrets of the Happy Soul*, Katie Orr shares six clear ways to nurture the Happy Soul already within us. Through key teachings from the book of Psalms, you will learn how to

- seek God in everyday moments
- grow your resolve to follow His way
- cultivate a growing love for God’s Word
- develop a deep-rooted relationship with God
- be confident in God’s will for your life
- surrender to the Lord and experience the daily delights found in His presence.

Uncover the secrets of the Happy Soul and experience the satisfying, fruitful life you crave.

“A delightfully deep look at what happiness means to God’s people. Katie Orr infuses her careful scholarship with practical steps and relatable stories, all wrapped in a warmhearted approach that says, ‘We’re in this together.’ And those six secrets? Worth reading about, worth learning about, and definitely worth telling others about.”

—Liz Curtis Higgs, best-selling author of Bad Girls of the Bible

ABOUT THE AUTHOR:



Katie Orr is passionate about helping women enjoy God daily. As a national-conference speaker, prolific author, and online Bible coach, she provides biblical teaching and relevant resources to help women jump-start their journey toward walking with Jesus. Katie and her pastor-husband have three children and serve together in the local church.

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