
ONE WORD

FOR TODAY

FOR
SPIRIT
FILLED
LIVING



A 90-DAY DEVOTIONAL





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INTRODUCTION

The Word of God is powerful and sharper than any sword, and meditating upon it has renewed the mind and transformed the human soul for thousands of years. The Holy Spirit makes the Word come alive so that it directs, comforts, reveals and heals.

With so much potential in these God-breathed words, shouldn't we give them more attention? Yet sometimes, in the midst of busyness and distraction, pressures and conflict, you may struggle or fail to notice that God is present with you in every moment.

The content of this book will be like an anchor for your busy mind. Each day you will focus on one word that will guide your attention toward the Lord in the context of the biblical theme for that day. As you lean into Him, thoughtfully reading and meditating, the presence of the Holy Spirit will meet you.

Throughout the day, as the Spirit reminds you of the daily word, ask Him for greater insight. Receive His strength. And look for an opportunity to put that word into practice. You may be surprised how appropriate each word is for that day.

The two short pages of each day's reading contain the following:

- Your daily word
- The Scripture that inspired that day's word—read it purposefully and prayerfully
- An inspirational meditation that you can read in under two minutes
- A personalized reflective question and prayer to help you process, with the Holy Spirit, what you have read
- An affirmative declaration and practical action to activate the word with the Lord's help

Each day's reading, while short, is not a quick snack, but a meal to savor throughout your day. Post the word in a prominent place. Consider repeating or memorizing the Scripture and declaration of faith. You may want to set a few alarms throughout the day to quicken your memory of the word and to declare the short

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truth. You will discover that your meditation will bring nourishment.

May this book bless you and bolster your faith as you focus on one word from the Lord and set your mind on things above. Most importantly, may you discover an even deeper relationship with the One who cares for you and guides you with His everlasting love.

I | SHINE

“Don’t hide your light! Let it shine brightly before others, so that your commendable works will shine as light upon them, and then they will give their praise to your Father in heaven.”

Matthew 5:16 TPT

Jesus wants you to *let* your light shine. Have you ever been tempted to dim or hide His light?

Hindrances that get in the way of shining God’s pure light include not wanting to be proud or draw undue attention to yourself, and not knowing or discounting your true potential in Christ. Shame and fear of rejection are also tools the enemy uses to keep you in the dark.

Jesus said shining draws attention to the *Father*. So shine brightly as you rest in the humility of Christ. Light can bring welcome illumination, but it can also be a startling interruption for those comfortable in darkness. No matter the response you receive from others, God wants you to shine.

There are many ways to shine. Share a gift or talent He has given to you, be a person of excellence,

tell someone what God has done in your life or serve behind the scenes unto the Lord. Letting the Holy Spirit shine the brilliant light of Christ through you is to be who God has created you to be. Fight the temptation to turn down the intensity of His radiance.

Your light is bright, so let yourself shine!



REFLECT What may be keeping the light of Jesus from shining at full strength in my life?



PRAY Jesus, Light of the World, forgive me for hiding or dimming Your light in any way. Make Your face shine upon me and give me courage to shine brightly at home and at work, personally and professionally, with who I am in You and what I do for You. I want my life to inspire others to praise You.



DECLARE Jesus shines through me to influence my world.



ACT Ask the Holy Spirit to show you one person or situation He wants to shine on through you today, then follow His leading.

2 | COMFORT

God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.

2 Corinthians 1:3–4 NLT

God is not opposed to comfort. He is the Source of all comfort. But there is a difference between being comforted and being comfortable.

God does not want us to chase comfort or—like the Israelites—beg to go back to “Egypt” because the road to walking in God’s promises is filled with difficulty. Being comfortable should not be our pursuit, but rather enjoying communion with our Comforter and Helper—the Holy Spirit with you and in you.

Where do you go when you need comfort? You can seek and find comfort apart from God and find yourself in unhealthy addictions. Or you can cry out to God, knowing He hears you and will answer.

How has God comforted you in the past? When you comfort another person with the comfort God

has given to you, God turns for good what the enemy meant for evil. This is one way “God causes everything to work together for the good of those who love God and are called according to his purpose” (Romans 8:28 NLT).

The Holy Spirit is your Comforter today. Receive what you need from Him, and when the time is right, share that comfort with others.

 **REFLECT** What do I do—or where do I go—when I need comfort?

 **PRAY** Pray God of All Comfort, You are the source of the comfort I need. You heal me when I am broken, and You are merciful when I am in trouble. Forgive me for running to people, places or things for comfort instead of seeking You to satisfy my desires. Draw near to me, make me whole and empower me to release Your comfort to those around me.

 **DECLARE** The Holy Spirit comforts me.

 **ACT** Reach out to comfort someone today with the comfort God has given to you.