

Bestselling Author and Parenting Expert Equips Moms for the Challenges of Raising Daughters

What a Girl Needs From Her Mom

by Cheri Fuller

Fuller's books have sold more than one million copies

In this encouraging, practical guide for moms, bestselling author and parenting expert Cheri Fuller shares the secrets to preparing daughters to survive and thrive independently in a changing world. A must-read for every mother of daughters, *What a Girl Needs From Her Mom* offers solutions and creative ideas for improving mother-daughter relationships.

With keen insight and warm encouragement, Cheri Fuller shares how you can become a more welcome influence at every stage in your daughter's life. Drawing from her own experiences and the expertise of others, Cheri answers all the top questions, including:

- "How can I help my girl avoid the dangers of social media and navigate the digital world?"
- "How can I counter society's unhealthy messages about body image and sexuality?"
- "How can I help my daughter (and me!) deal with her emotional ups and downs?"
- "What are the best ways to instill good values?"
- "How can I help her grow a firm faith in God?"

Filled with trustworthy suggestions, this book will help you steer your daughter toward becoming a healthy, confident young woman.

Includes Reflection Questions for Personal or Group Use

ABOUT THE AUTHOR:



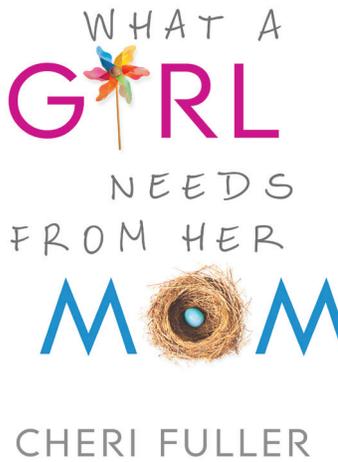
Cheri Fuller is a gifted speaker and award-winning author of more than forty-five books, including *What a Son Needs From His Mom* and the bestselling *When Mothers Pray*. A former Oklahoma Mother of the Year, Cheri has worked with kids of all ages and is the executive director of the nonprofit organization Oklahoma Messages Project. She and her husband, Holmes, live in Oklahoma and have three grown children (a girl and two boys) and six wonderful grandchildren. Learn more at cherifuller.com.

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