

**Quenched:**  
**Discovering God's Abundant Grace for Women Struggling with Pornography and Sexual Shame**  
by Jessica Harris  
Paperback ISBN: 9781540902269  
\$17.99; 208 pp  
E-Book ISBN: 9781493439577  
Release date: Jan 2023

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## ***How Women Struggling with Pornography and Sexual Shame can Discover God's Abundant Grace and Freedom***

Lust is a man's problem, right?

Wrong. When we see lust as an exclusively male issue, it leaves Christian women with nowhere to turn when they struggle with the same things.

A 2016 Barna study found 20 percent of Christian women use porn regularly. These women suffer silently and often feel alone with nowhere to turn. There are numerous resources for men struggling, but not women.

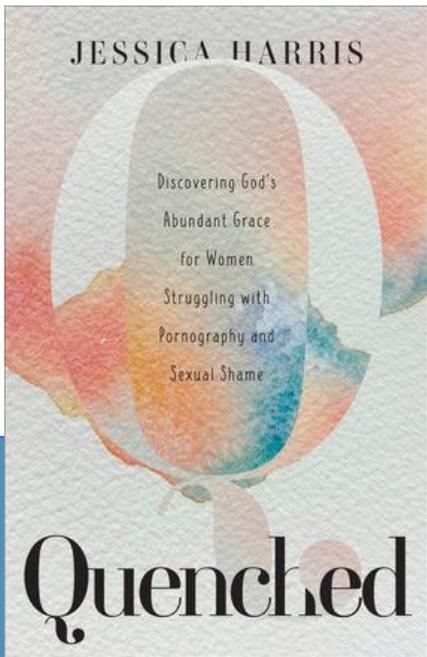
Jessica Harris, who grew up in a conservative Christian church, knows firsthand the battle and lack of resources available to give women hope and freedom from addiction and shame.

In Harris's first book, **Quenched: Discovering God's Abundant Grace for Women Struggling with Pornography and Sexual Shame**, she shares her journey from being addicted to pornography to being set free.

In this authentic and honest book, she shows women a road map for restoration that answers the question "Is there grace left for me?" with a resounding and emphatic "Yes!" For any woman who desires to escape the pull of lust, pornography, and sexual shame, this book is a refreshing drink of water that will quench the fire within and point the way toward freedom.

"Overcoming a struggle with pornography and shame is not about changing your behavior but about allowing Jesus to transform your identity," says Dr. Juli Slattery, president/founder of Authentic Intimacy, author of *Rethinking Sexuality and Sex and the Single Girl*. "Within the pages of this book, you will follow the footsteps of two women who did just that. One is a Samaritan who lived two thousand years ago, and the other is Jessica Harris, a friend who courageously unveils that you can find freedom. Journey with them, and you will find genuine hope as they lead you to the living water."

Harris has made it her mission to break the silence, banish the shame, and bring women's struggles into the light of God's grace and forgiveness.



### Get Connected:

Instagram: [@beggar'sdaughter](https://www.instagram.com/beggar_sdaughter)  
[www.Beggar'sDaughter.com](http://www.Beggar'sDaughter.com)



## About the Author

Jessica Harris is a writer and international speaker who talks openly and honestly about pornography addiction among Christian women in order to facilitate healing. She is recognized as a leading voice on the topic of female porn use and addiction in the church, and she has been featured on media such as ABC's Nightline, The 700 Club, Focus on the Family, and Cru.

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## PRAISE for Quenched

"Jessica Harris offers a safe place for women to expose their parched souls so they can soak up the living water of Christ's grace. With audacious honesty and raw emotion, Jessica shows how Jesus meets us in the messiness of our lives. He pours healing into our hearts. Pick up this book now. Take a big swig, gulp it down, let it overflow!" **Sam Black, director of recovery education, Covenant Eyes**

"Many leaders in the body of Christ have shied away from the fact that in today's culture, pornography addiction is just as much of a women's issue as it is a men's issue. In Quenched, Jessica Harris is determined to bring this issue to light within the church. Through testimony, biblical insight, and practical steps, Jessica's book will help women of all ages walk in true freedom." **Ashley Key, cohost, The 700 Club and 700 Club Interactive**

"Jessica Harris is a trailblazer and a fighter for girls and women seeking to overcome pornography and sexual shame. Her new book, Quenched, helps you to see God and yourself through the lens of grace rather than shame. As overcomers of decades-long pornography addictions, we cannot recommend this book enough." **The Victory Collective**

"I met Jessica Harris years ago when we both were in the earlier season of our ministries to women bound up in sexual shame. Reading Quenched was an encouraging, Christ-exalting way to get to know her all over again and to be inspired afresh that Jesus is the life, love, freedom, and healing that all of us desire and need. This book will draw you to Jesus, give hope for your journey of faith, and offer courage to be set free from pornography's grip." **Ellen Mary Dykas, author of Toxic Relationships**



## Sample Interview Questions for Jessica Harris

### *Quenched: Discovering God's Abundant Grace for Women Struggling with Pornography and Sexual Shame*

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- Please share how your story about addiction and why you think it's important for this book right now.
  - What do you want to tell people who say "this is not a female problem?" or "what kind of woman struggles with pornography?"
  - Why do you not care about the statistics regarding this issue?
  - Can you explain the three signposts of shame and why it is important to recognize them?
  - Explain how we use false freedom instead of true freedom.
  - You use a story in the Bible that most Christians grew up with in John 4 to illustrate how we are looking for acceptance, intimacy, and unconditional love. Why do you think this story resonates with all of us? Why this particular struggle?
  - In the book, you write that some of us fear an encounter with God, like the woman at the well encountered. Why is that?
  - What is fire-fighting mode and how can we prevent the fire in the first place?
  - At the end of the book you write a letter to those "who don't struggle." Why did you feel that was important to include?
  - How can those who don't struggle with pornography or sexual shame change the conversation in church about this issue?
  - Where can our viewers go to connect with you and purchase a copy of *Quenched*?
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