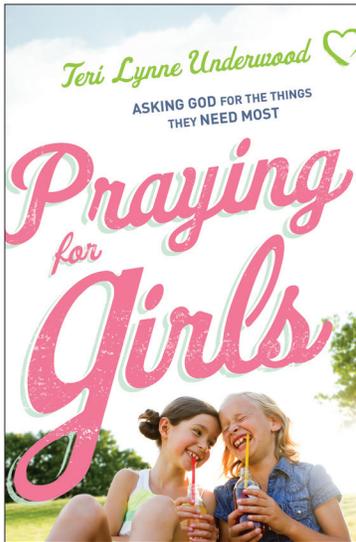




## TALKING POINTS



**Praying for Girls**  
by Teri Lynne Underwood  
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### Who should read this book?

- Moms who desire to pray Scripture for their daughters but aren't sure where or how to begin.
- Moms who feel inadequate as pray-ers but know the power of Bible-based prayers to impact their daughters' lives.
- Moms who not only want to pray for their daughters but also to teach them how to walk in their identity in Christ.
- Women—moms, grandmothers, aunts, coaches, teachers, friends—who want to invest in the spiritual formation of the girls they know and love.

### Why is it important that we pray Scripture for our daughters?

- Praying Scripture offers us a foundation for our prayers, aligning them with the revealed heart and purposes of God.
- Praying Scripture helps us submit our own desires for our daughters to the far greater desires the Lord has for them.
- Praying Scripture guides us to pray over areas we may otherwise not consider or recognize.

### What are the most important areas where we pray for our daughters?

- Identity: In a world that stresses accomplishment and action, we must pray for our daughters to realize that their value, worth, and identity are rooted in God's love.
- Heart: In a world that says, "Follow your heart," our prayers for daughters whose hearts are pure and devoted to the Lord provide protection and guidance.
- Mind: In a world that is driven by sound bites and social media, the prayers we offer for our girls to have sound minds provide a starting point for our girls to navigate life with wisdom and discernment.
- Relationships: In a world that is increasingly self-centered and often values relationships only in terms of personal advantage, praying for our girls to treat others with humility, wisdom, generosity, and love helps them understand how to treat others in a way that glorifies God.
- Purpose: In a world that tells our girls to live for themselves, we give them an incalculable gift when we pray for them to realize the eternal value of embracing the purpose and plan God has for their lives.

### How can I help my daughter understand the things I'm praying for her?

- One of my favorite parts of each chapter is the activities designed for discussing each of these prayer areas with our daughters.
- For little girls, the ideas are designed to present big ideas like being the aroma of Christ through use of a stuffed animal and body spray.
- For "middle" girls (or tweens), suggested activities are a mixture of conversations and hands-on engagement such as helping her identify a lonely person she can sit with at lunch.
- For older girls, each chapter offers a conversation starter or mother-daughter date designed to foster open communication as our girls prepare to enter adulthood.

### What if these are some of the same struggles I have as an adult woman? Will I still be able to pray for my daughter?

- The truth is, most of these are lifelong concerns for all of us. For example, there are times when I struggle to keep my mind stayed on the Lord or to be generous in my relationships.
- Each chapter includes a prayer of encouragement for us grown-up girls who may need to be reminded that every truth we speak over our daughters is equally applicable to us as well.