

***Mothering by the Book:
The Power of Reading Aloud to
Overcome Fear and Recapture Joy***

by Jennifer Pepito

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About the Book

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Popular Homeschool Writer Proposes Reading Aloud to Eliminate Parenting Fears

Jennifer Pepito, founder of The Peaceful Press, is set to release her new book, ***Mothering by the Book: The Power of Reading Aloud to Overcome Fear and Recapture Joy***, in August. This new parenting resource explores reading out loud as a method to empower and encourage mothers who wrestle with fear.

When self-help books failed to address her worries, Pepito—a mother of seven who has been homeschooling for 25 years—found classic literature provided wisdom and biblical truths that helped free her and other women from the similar doubts they experienced. She found delight again in nurturing her kids, and her children also reaped life lessons from the stories she read aloud.

“This book will become beloved and will be read many times by those who find it.”

—Sally Clarkson, author of *Awaking Wonder*

Using books like *Pride and Prejudice* and *Charlotte’s Web*, ***Mothering by the Book*** confronts common parental fears such as:

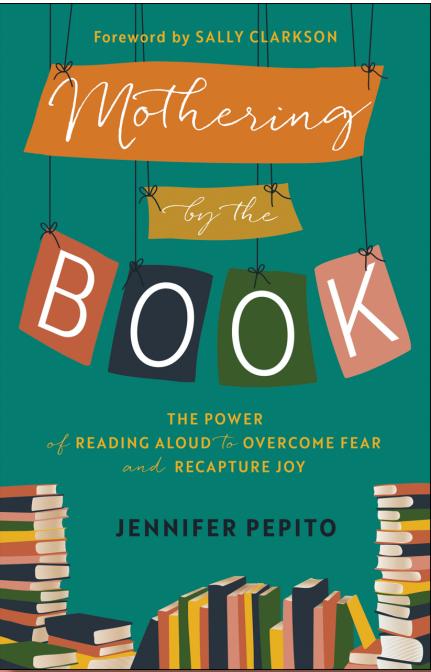
- being isolated and lonely as a new parent
- watching their children fall behind
- seeing their children leave the Christian faith
- facing an unknown future

Pepito acknowledges that, while no mom can conquer fear completely, stories can help mothers build strategies to push through difficult times and reclaim the joy of being a parent. Women will feel inspired through the lives of fictional and real families captured in this book.

“Fear keeps us in our heads, imagining the worst about ourselves and our circumstances,” Pepito writes. “When we identify the fears that steal the magic from our lives . . . we can tear them down. We can take up our trusty motherhood tools, our literature and our liturgy . . . and be ready and able to savor this fleeting journey of motherhood.”

Mothering by the Book debuts August 2, 2022.

Available at your local bookstore, bethanyhouse.com, or by calling 1-800-877-2665.
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thepeacefulpress.com

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@ thepeacefulpress | 103.3k monthly views



Sample Interview Questions

1. Tell us more about your family and your work with The Peaceful Press.
2. What are some of the primary fears women face in motherhood? How can literature help address them?
3. How did you discover that books helped you overcome fear as a mother?
4. How have you seen reading aloud impact you and your kids?
5. Why should we work to overcome fear instead of cope with it?
6. What is the cost to our families if we stay afraid?
7. What does it look like to emerge on the other side of fear?
8. What are some of your favorite books to recommend to mothers with young kids?
9. How do you fit reading out loud into a busy schedule? What do you recommend for other busy moms?
10. Which book have you connected with most in your parenting journey?
11. What are other ways you overcome fear?
12. Where can people connect with you and pick up their own copy of *Mothering by the Book*?

Jennifer Pepito is the founder of The Peaceful Press, a company committed to providing learning resources that promote connection between parents and children. Jennifer's wisdom has also been featured on *Wild + Free*, *The MOB Society*, the *Washington Post*, and *Home Educating Family*. She unlocked the power of a well-told story, and she wants you to do the same thing. Learn more at thepeacefulpress.com.

