



***I Choose Brave***

by Katie Westenberg

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**“*I Choose Brave* combines riveting storytelling with theological depth. Every Christian struggling to understand what the Bible says about fear should read this book.”**

**—Phylcia Masonheimer, bestselling author of *Stop Calling Me Beautiful***

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## BOOK ANNOUNCEMENT

# What if *fear* is the new brave?

## *I Choose Brave*

### *Embracing Holy Courage and Understanding Godly Fear*

by Katie Westenberg

Every day during the past few months, we scroll through jarring headlines on our phones, bracing ourselves for the news story that will make yesterday’s worries seem nearly obsolete. Our fears—fears that many of us have not experienced in our lifetimes—are suddenly glaring at us everywhere we go. We are desperate for wisdom and are eagerly awaiting a day when we will feel stable again.

Now more than ever, we understand what it means to be afraid, and yet so many of us struggle to understand what it means to fear God. In her first book, ***I Choose Brave: Embracing Holy Courage and Understanding Fear***, Katie Westenberg tackles exactly this: what fear of the LORD is and how that fear can transform our relationship with Him, bringing us joy and peace in a chaotic world.

Founder of the *I Choose Brave* blog, Katie offers biblically grounded and theologically sound truth to give readers hope during this time of distress. In *I Choose Brave*, she discusses

- the ways in which fear takes hold of our lives;
- different types of fear and what they mean for our faith;
- how fear can become our source of courage;
- and what it means to walk in freedom when you embrace fear of the LORD—vertical fear rather than horizontal fear.

*I Choose Brave* is here to be the mentor that listens to your pains, your fears, your darkest moments and points you to the answer—fear of the LORD. Katie digs deep into Scripture to some of the most overlooked moments of instruction from the LORD and is here to help you claim, “I choose brave!”

### ABOUT THE AUTHOR:



**Katie Westenberg** is first a follower of Christ, a wife, and a mom growing faithfully alongside her four children. She believes boldly in the transformative power of faith in Jesus Christ. As an author and a speaker, she teaches women to grow a robust theology of who God is, and encourages them to become students of Scripture and learn to live that truth out with courage. She serves a thriving community of women at [IChooseBrave.com](http://IChooseBrave.com) and makes her home in the lovely Pacific Northwest.

Available at your local bookstore, [bethanyhouse.com](http://bethanyhouse.com) or by calling 1-800-877-2665.