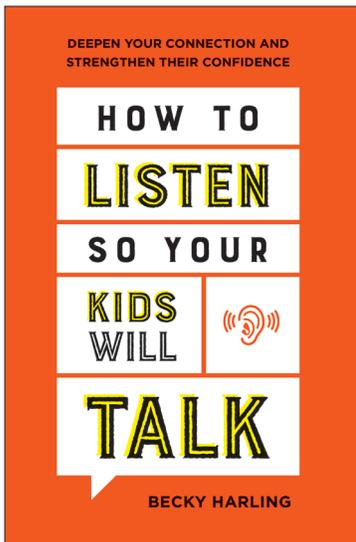




SAMPLE INTERVIEW QUESTIONS

How to Listen So Your Kids Will Talk
Deepen Your Connection and Strengthen Their Confidence
by Becky Harling

1. You previously wrote the book *How to Listen So People Will Talk*. Why did you decide to write *How to Listen So Your Kids Will Talk* as a follow-up?
2. Your daughter Stefanie was a big negotiator. Did you struggle to listen to her at times? What about your other kids?
3. What advice can you offer to the parent whose child has really built up their walls?
4. You mention a few different times that lend themselves well to listening to our kids—during a car ride, after school, etc. How do these situations work differently for different types of kids?
5. How does listening to your children while they're young impact them as they grow older?
6. Will you share one really practical way that parents can start listening to their children?
7. Talk to us about how our phones have impacted our parenting.
8. This book also talks a lot about the emotions our children experience. In light of the current COVID crisis, both parents and kids are wrestling with anxiety. What suggestions do you have for parents whose kids are wrestling with fear and anxiety? What suggestions would you give parents to help their kids express their emotions in healthy ways? How can parents start to prepare their children to be emotionally healthy adults?
9. What mistakes do you frequently see parents make when they don't listen to their children?
10. Where can our listeners go to connect with you and purchase a copy of *How to Listen So Your Kids Will Talk*?



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by Becky Harling
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