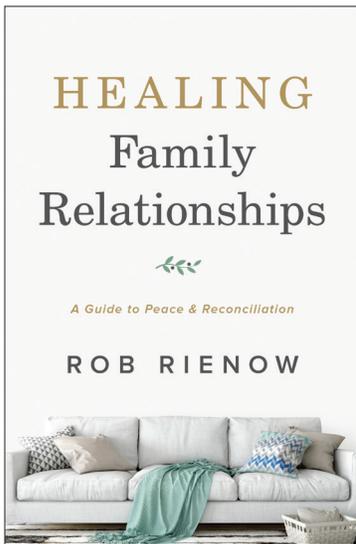




SAMPLE INTERVIEW QUESTIONS



Healing Family Relationships

by Rob Rienow

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Media Contacts

PUBLICIST: **Holly Maxwell**

952-829-2555

hmaxwell@bakerpublishinggroup.com

CANADIAN MEDIA: **Ellen Graf-Martin**

519-342-3703

ellen@grafmartin.com

Please send tear sheets to:

Holly Maxwell

Bethany House Publishers

11400 Hampshire Ave. S. #200

Bloomington, MN 55438

1. Rob, at the very beginning of this book, you remind us that every family is broken and struggling with hurt and conflict. If family is so important and so many of us are trying to have healthy family relationships, why is it so hard to have peace in our homes?
2. You experienced significant family struggles when you were growing up. Can you share with us a little about your family background?
3. Forgiveness is an essential ingredient in any family reconciliation. But you think that a some of the modern teaching on forgiveness is superficial and ultimately unhelpful. Can you explain that?
4. One common expression regarding conflict is “sweep it under the rug.” That would describe a family who does not deal with hurts and conflicts in a direct way, but instead continually ignores problems. Why should we be concerned about this, and how can we break out of this unhealthy pattern?
5. Part of the healing process may require us to find the hurts of our past. What do you say to the person who may be afraid to look back at past traumas?
6. Some of the conflict we deal with in our homes is due to spiritual warfare and spiritual attack. How can we fight in the spiritual realm for peace in our homes?
7. Prayer can play a central role in bringing healing to our family relationships. Rather than praying general or generic prayers for our families, are there some specific prayer strategies we can use as we seek reconciliation?
8. God had to do a miracle of healing in your relationship with your father. Tell us that story.
9. There are many situations where one family member wants to seek healing and reconciliation but the other one does not. Does it always “take two” to heal, or are there things that the one person can do?
10. You have written many books on family relationships. Why do you believe that the message *Healing Family Relationships* is so urgent for families today?
11. Is it ever appropriate to establish boundaries in a family relationship? If we set boundaries or distance ourselves from a toxic family member, is that unloving?
12. You remind us that Jesus taught us to seek counsel and mediation when we are in a conflict that we cannot resolve on our own. Do you have advice for people who may need to go to their pastor or Christian counselor for help?
13. You and your wife Amy lead Visionary Family Ministries. Tell us about this ministry and what your mission is.
14. Thank you for joining us. Where can our audience go to connect with you and purchase a copy of *Healing Family Relationships*?