



Growing God's Kids

KEEPING YOUR COOL

A Book about Anger

CAROLYN LARSEN
ILLUSTRATED BY TIM O'CONNOR



BakerBooks

a division of Baker Publishing Group
Grand Rapids, Michigan

Carolyn Larsen, *Keeping Your Cool*
Baker Books, a division of Baker Publishing Group, © 2016. Used by permission.

(Unpublished manuscript—copyright protected Baker Publishing Group)

Text © 2016 by Carolyn Larsen
Illustrations © 2016 by Baker Publishing Group

Published by Baker Books
a division of Baker Publishing Group
P.O. Box 6287, Grand Rapids, MI 49516-6287
www.bakerbooks.com

Printed in the United States of America

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—for example, electronic, photocopy, recording—without the prior written permission of the publisher. The only exception is brief quotations in printed reviews.

Library of Congress Cataloging-in-Publication Data
Names: Larsen, Carolyn, 1950– author.
Title: Keeping your cool : a book about anger / Carolyn Larsen ;
illustrated by Tim O'Connor.
Description: Grand Rapids : Baker Books, 2016. | Series:
Growing God's kids
Identifiers: LCCN 2015047245 | ISBN 9780801009129 (pbk.)
Subjects: LCSH: Anger—Religious aspects—Christianity—
Juvenile literature. | Anger in children—Religious aspects—
Christianity—Juvenile literature.
Classification: LCC BV4627.A5 L37 2016 | DDC 241/.3—dc23
LC record available at <https://lcn.loc.gov/2015047245>

Scripture quotations are from The Living Bible, copyright © 1971.
Used by permission of Tyndale House Publishers, Inc., Carol
Stream, Illinois 60188. All rights reserved.

16 17 18 19 20 21 22 7 6 5 4 3 2 1

Carolyn Larsen, Keeping Your Cool
Baker Books, a division of Baker Publishing Group, © 2016. Used by permission.

(Unpublished manuscript—copyright protected Baker Publishing Group)



Stop your anger! . . .
Don't fret and worry—
it only leads to harm.

PSALM 37:8



See that boy? That's Max. He gets angry a lot.

My name is Leonard, and I'm Max's favorite toy.





Sometimes when Max is making a village with blocks, his little brother Zach wrecks it all. When the buildings go flying, Max gets angry. He throws blocks across the room and yells at his brother for messing up his village.





Max's mom is not happy when he behaves that way. She reminds Max that Zach is little. He didn't mean to wreck Max's village.

She tells Max, "Pick up all the toys, even the ones Zach knocked down. Then you must tell Zach you're sorry for yelling."

