INNER HEALING AND DELIVERANCE HANDBOOK

Hope to Bring Your Heart Back to Life
I dedicate this book to my King and Best Friend, Jesus Christ, who paid the ultimate price for my freedom. He was the supreme blood sacrifice, and one that turned my world right side up and broke every chain.

I also dedicate this book to my amazing husband, Ron, a deeply committed husband and father as well as a faithful, steady rock in my life. His unconditional love, support and encouragement have continued to provide great strength for me.

Finally, I dedicate this book to my childhood friend Enrique, long gone but not forgotten. (The details of his life and death are described at the end of the book.) His life and death settled my decision to pen a book I never thought I would have the courage to write.
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As an ex–career criminal and convict who lived an extremely violent life, I know the absolute necessity of inner healing and deliverance. Even if someone hasn’t been on the street or incarcerated in prison like I was, we all need inner healing. This world is unkind and brutal to all, no matter what color, gender or station in life. Any ministry that is not skilled in inner healing and deliverance will leave their flock dissolute, despondent and broken. My ministry is known for our fresh biblical revelations on soul healing and miracle working. In fact, many have called me the “apostle of soul healing.” Although I would never claim that title for myself, it lets me know that healing the wounded soul is one of the most crucial revelations needed by the Body of Christ.

Being so immersed in soul healing has not only enabled me to see hundreds of thousands of people freed, but also given me the ability to recognize when someone else walks powerfully in inner healing and deliverance. Jennifer Eivaz is one of those rare people. I think there is nothing more destructive than when someone who dares to write a book
Foreword

hasn’t yet lived out every line. This is definitely not the case with Jennifer. If you possess sufficient discernment, you will see that every pen stroke she writes here is a direct result of the scars on her soul and body. These are her badges that prove she has the legal right and authority to create a handbook on deliverance and healing. When you look at Jennifer with natural eyes, you would never guess that she has endured such high-level warfare. This proves even more that the extraordinary revelations contained in this handbook really work! Jennifer knows how to erase the scars, along with their side effects, and then remove the demonic landing strips they create.

*Inner Healing and Deliverance Handbook* takes you step by step through biblical precepts that will reveal to you the key issues in your soul and body that are causing the battles you haven’t been able to overcome. In each page Jennifer gives you remedies that really work. When you’re done, you will experience a supernatural shift in every part of your life.

Even after you work through *Inner Healing and Deliverance Handbook*, it won’t collect dust on your shelf. This powerful handbook will always be your guide in every emergency and crisis you face.

Take a deep breath. Your freedom is here.

Big love,

Katie Souza,
founder, Katie Souza Ministries and Expected End Ministries;
author, *Healing the Wounded Soul* and *Soul Decrees*
I am so thrilled and honored to share my life and ministry with these great people whom I call friends. The thought of continuing relationship with those listed here for decades to come is comfort to my soul. This book was a hard book to write, the hardest. Their friendship and support are what strengthened me to write this book to completion.

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You are always steady, available, spiritual and faithful. I carry you both in my heart. I am so proud of you.

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I know when people have my back in every situation. Joel, you are always led by the Spirit and always steady. Mary, you are extremely kind and extremely fierce, depending on the need. Thank you. I cherish you both.

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You are so funny and have a heart that never quits on people. I admire your tenacity to see hurting individuals...
Acknowledgments

healed and set free, no matter how long that takes. Many people point to you as a key person that God used to bring them into real inner healing and deliverance. We are all much freer because of you.

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I truly believe this book had much of its beginnings at your church, and I am so grateful. Thank you both for the hours upon hours of conversation. I look forward to many more Zoom times and in-person chats. Much love to you both.

Harvest Church Executive Team:
I have so much respect and love for you all. You are strong, wise, sensitive, prophetic, anointed, fun, very creative and the list goes on. You are the best team ever.

Harvest Church Eldership:
Thank you so much. Your support and counsel helped me to keep believing and trusting through my toughest season yet. You have also made leading a church enjoyable. Let’s keep making history together.
Before You Read This Book

Some chapters and sections contain very sensitive content that could trigger traumatic memories, PTSD or dissociation in the reader. I have marked those sections in case you need to skip over the content or would prefer to read it at a later time.

To glean from the key points of those sections, proceed to the end of the chapter and read the prayer, the Kingdom Reflections and the Kingdom Questions. If you know you might be negatively triggered but still want the content, you might consider reading the more sensitive portions with your pastor, your small group or a trained Christian therapist.

Also, every story in this book is true. The names and identifiable details of the stories have been changed to preserve the privacy of those who shared with me the most intimate and difficult details of their lives.
Introduction

Several years ago, I watched a gripping spy thriller starring Gina Davis and titled *The Long Kiss Goodnight*. The plot is centered around a sassy and popular elementary school teacher in a small town, along with her eight-year-old daughter and boyfriend. The main character had been found washed ashore on a New Jersey beach, being two months pregnant and fully amnesiac. Having never remembered her real name, “Samantha” hired a number of ineffective private investigators over a period of eight years to try to discover her past. During the Christmas holidays, she is involved in a tragic car accident and hospitalized with a concussion. Then she begins to reconnect with her true self, a much more dangerous woman named Charly who informs her in a dream that she is coming back. Coming back meant Charly would be taking over her personality once again. As the movie unfolds, Charly is revealed to be a top assassin for the CIA, which is a far cry from her previously adopted small-town persona. The movie depicts her breaking free from her amnesia and
returning to her true self. As expected, she goes after the bad guys with several violent and bloody fight scenes and plenty of explosives.

I watched this movie just once and felt strangely haunted by it, only I did not know why. I had thought to watch it again several times over a period of years but never did. With that, I would describe what finally became uncovered in my life as a feeling of being in some kind of movie. It was so unreal, yet it was truly happening to me. Through a series of events, I finally came face-to-face with my own severe amnesia. It was not quite like this movie, and in all humor, I am not a CIA assassin. I do know my name, I know where I grew up, and I can recall enough facts from my early years to put together a story of who I thought I really was. Still, there were large gaps of time in my growing-up years. I could not remember what took place no matter how hard I tried. I thought this was normal and never questioned why I could not call to mind certain years of my life.

Just like “Samantha” in the movie, at age forty-seven I had a missing piece of myself reemerge suddenly with an unbelievable story to tell. My traumatic amnesia had finally broken open to reveal its hidden contents. It was a horrific story that served to shake my identity so badly that I wanted to quit life completely. I had desperately hoped this was some kind of mental breakdown characterized by psychotic delusion. That would have been much easier to accept. This missing part of me, just like Charly in the movie, came out of my subconscious depths and gave voice to what happened during those missing years. Finally, I was facing the hellish memories I had made myself forget in order to survive the ridiculous.
Inner healing and deliverance ministry have always been an integral part of my personal growth as well as an effectual expression of Christ’s ministry in and through my life. In reality, there has never been a time when I did not experience spiritual and emotional challenges for a variety of reasons. Every time something surfaced in my life that obviously needed inner healing or deliverance, I was diligent to pursue healing and work through my issues as best as I knew how. The problem is when your life keeps reflecting negative cycles and patterns (e.g., chronic sickness, mental breakdowns, frequent anxiety and nervousness, nightmares and night terrors, strange spiritual phenomenon, etc.), there is something within that is contributing to these cycles. There is some kind of hidden emotional and spiritual root system that will keep bearing fruit until it is unearthed and uprooted through the truth of God’s Word and by the power of the Holy Spirit.

There are some who refuse to believe that Christians would ever need inner healing or deliverance ministry because this was all taken care of through the finished work of Jesus. They propose a philosophy like this: We don’t need to look at our past or what is wrong with us all the time. We don’t need counselors or counseling. We only need to look to the cross. Stepping into personal freedom, however, is not that simple for most Christians. Denial of your problems does not heal you, and what you do not deal with will eventually deal with you. Real freedom in Christ involves the process of facing reality and overcoming it with the truth of God’s Word. I do agree that there are excesses among the ranks of
inner healing and deliverance ministers that need to be addressed and avoided. For example, not every single problem is a demon needing to be cast out. I also believe it is the finished work of the cross that makes the process and journey of inner healing and deliverance ministry effective.

Jesus said, “And you shall know the truth, and the truth shall make you free” (John 8:32). Whenever we believe a lie, then we have aligned that part of our life with Satan, who is the father of lies. That part of our life cannot reflect the blessing of God until we make an exchange with God’s truth, an exchange that always brings freedom. Too often, we do not know the lies that we believe. We might not even remember the circumstances that birthed those lies in the first place—that is, until the Holy Spirit reveals them.

My missing past began to unfold like an angry river of successive memories. I was so unraveled in response that I had to get help. This was not something I could walk through without the guidance and accountability of experienced ministers and professional counselors. The emotional and spiritual aftermath caused me to wrestle hard with the question, Can someone like me be healed? Just like the prophet Elijah, I have felt completely alone in my struggle. I simply did not know anyone else who had made it out this far, and I still do not. What happened to me is not something you want to talk about.

Ever.

And yet I am compelled to tell you my story and provide as many road-tested keys and truths as I can to help you heal, no matter what you are working through. This book that you are now reading is not as much of a method to heal as it is a journey with Jesus the Healer. That is how you walk
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out and heal from brokenness on this level, or any level for that matter. You have to equip yourself with His truth, and then let the Holy Spirit lead you into victory.

Pray this prayer with me:

_Holy Spirit, I give you my yes. I want to be made whole, but I am scared and I feel weak. Help me to see past my issues and look to the many rewards ahead. Give me solid reasons to finish my healing journey and to never quit. Take the lead, Holy Spirit, and anoint me for inner healing and deliverance. Let every yoke be broken and enable me to help others break yokes, too. Amen._
I was working part-time at a small but well-maintained nursing and rehabilitation home during my first year at Modesto Junior College in Modesto, California. It was an administrative position that paid minimum wage for minimal hours and without much responsibility. In other words, it was a gloriously low-stress job and perfectly suited for college life. My sole responsibilities were answering the phone and keeping an eye on things and only on the occasional weekend. Regardless, I was able to interact with some of their patients and was prompted by the Holy Spirit to reach out to one elderly woman in particular. I felt compelled to invite her to consider a relationship with Jesus.

I was a very new Christian, yet I could identify the voice of God speaking to my heart and mind quite often. His loving...
voice came to me concerning her as a clear prompting within my heart, but an urgent one. Immediately I began to pray in my prayer language and then drove the short fifteen minutes to the facility from my home. I found her easily enough, as she typically sat facing a window in her wheelchair, always bent over in an arch and never fully able to straighten herself up. I approached her as politely as I knew how and then shared with her about the love of Jesus and the power of His forgiveness. At the same time, I mistakenly believed she was ready to receive my words and did not anticipate what happened next. Instead of her being receptive, almost instantly an ugly stream of blasphemies and curses spilled out her mouth. She continued to make abominably vile and foul statements about Jesus until I gave up and walked out of the facility in both shock and embarrassment.

What was going on here? This usually quiet elderly woman was not crazy, as we are so apt to label people who behave how she behaved. She was demonized, meaning she was under the control and influence of a demonic spirit. We read about this phenomenon in the Bible many times, the most severe account being the man from the Gadarenes who was possessed with a “Legion” of demons, meaning thousands of spirits, all of which Jesus successfully cast out (see Mark 5:1–20). In much of American culture, which would also reflect much of Westernized Christian culture, we often misdiagnose or make excuses for people’s outrageously bad behavior. We say things like, “She must be crazy” or “He’s going senile,” then fail to identify the real problem. This aged woman had a demon, and that demon hated Jesus viciously.

If I had understood better, I would have attempted to cast this foul demon out of her according to Jesus’ own words:
“And these signs will follow those who believe: In My name they will cast out demons” (Mark 16:17). Demons are fallen angels who serve Satan, not God, and seek to afflict humanity in any way possible, which includes demonization. Because I did not understand what I had encountered, I neglected to provide a true remedy. I also needed to know what Jesus had been anointed to do and why the Holy Spirit would come to rest upon us believers in the first place. It was certainly a learning experience, one I would never forget.

**Jesus Is Our Example**

In Acts 10:38 we see a beautiful description of Jesus’ ministry while here on the earth: “God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.” Did you notice how Jesus, God in the flesh, had to be anointed by the Holy Spirit to heal and deliver people from demonization? One would think He would not need extra power from the Holy Spirit just on the basis of who He is. Yet He kept pointing to a day when you and I would do the works that He did and even greater than He did. “Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father” (John 14:12). In other words, He had chosen to not be in a class all to Himself. We, too, can become anointed by the Holy Spirit just as He was.

In Bible times, people were physically anointed with oil to signify God’s blessing or calling on that person’s life. It was a physical act that coupled as a conduit of supernatural endowment or consecration all at the same time. People would
be anointed for a special purpose (to be a king, prophet, priest, etc.), and the anointing would supernaturally change them into that role. When Aaron was officiated into priesthood, for example, he was physically anointed with oil in this manner. “And you shall take the anointing oil, pour it on his head, and anoint him” (Exodus 29:7). Likewise, the prophet Samuel poured a flask of oil over the head of Saul and anointed him as the king of Israel, an act that changed his heart into another man; he then anointed David king (see 1 Samuel 10:1–9; 16:1–13).

People were also anointed with oil to receive God’s needed intervention in their physical health. We read, “Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord” (James 5:14). Even today, we can be physically anointed with oil for leadership in God’s Church or for governmental roles. Just as Jesus experienced and foretold, we can become anointed by the Holy Spirit Himself for inner healing and deliverance ministry.

There is demonstratable power associated with the anointing of the Holy Spirit. The anointing is something tangible, not just metaphorical. The anointing will destroy what has bound you or confined you demonically. The prophet Isaiah described the anointing with this powerful statement: “The yoke will be destroyed because of the anointing oil” (Isaiah 10:27). A yoke in the Bible can be a metaphor to describe a heavy, burdensome task or obligation. In this passage, Isaiah was prophesying the future destruction of the Assyrians’ heavy suppression against the Israelites and how the anointing would bring forth a national deliverance. King Rehoboam also used this term as he tried to terrorize
his subjects into submission. He threatened them with “a heavy yoke.”\(^2\) Breaking a yoke in the Bible often symbolized freedom from oppressors. Demons may come to terrorize you and suppress you, but it is the anointing that destroys the yoke.

**Anointed to Heal and Deliver**

John the Baptist, a radical Nazarite,\(^3\) had been waiting to see a prophecy fulfilled before his very eyes. John explained this about Jesus: “I did not know Him, but He who sent me to baptize with water said to me, ‘Upon whom you see the Spirit descending, and remaining on Him, this is He who baptizes with the Holy Spirit’” (John 1:33). Finally, that day arrived. It was a day like no other. Jesus, God in the flesh, was baptized in water by John the Baptist. Then Jesus, standing side by side with John in the Jordan River, prayed a prayer that opened the heavens. The voice of God the Father sounded down to earth from the sky: “This is My beloved Son, in whom I am well pleased” (Matthew 3:17). Within moments, the Holy Spirit came to rest upon Jesus in bodily form and in the likeness of a dove. The Holy Spirit’s arrival was a gentle one, but His fierce nature emerged almost instantly. He drove Jesus into the wilderness for forty arduous days and nights to be tempted by Satan.\(^4\) Although weary and hungry, Jesus overcame every demonic temptation masterfully, being encouraged and strengthened by the angels who attended to Him. He then returned to His hometown of Nazareth, immersed in the power of the Holy Spirit.

As was His custom, Jesus went into the synagogue and read aloud to the attendees this prophecy from the book of
Isaiah: “The Spirit of the Lord God is upon Me, because the 
Lord has anointed Me to preach good tidings to the poor; 
He has sent Me to heal the brokenhearted, to proclaim lib-
erty to the captives, and the opening of the prison to those 
who are bound” (61:1). He then proclaimed that this proph-
cecy was now fulfilled in their presence. Pay attention to what 
He was anointed by the Holy Spirit to do—He was anointed 
to heal the brokenhearted and to set the captives free.

He also instructed those who believe in Him to go and do 
likewise, an instruction for then as well as for now (see Mark 
6:7, 12–13; 16:17). This tells us that there is an anointing from 
the Holy Spirit to heal hearts, which is the foundation of 
inner healing ministry, and an anointing for deliverance from 
demons. This anointing will come upon people for personal 
heart healing and deliverance. It will also come upon people 
to minister these elements in power.

The anointing of the Holy Spirit is a destroyer of demonic 
bondage. Not only that, it pulls you back together in all 
of the places you have been broken. The emphasis is clear. 
There will be an anointing and a subsequent ministry in the 
earth that both heals broken hearts and delivers people. This 
anointing knows no limitations. It does not pick and choose 
what it will heal or whom it will deliver. Jesus came to give us 
full freedom and not leave us only half done (see John 8:36).

I have read and heard different testimonies from those 
who are anointed for this kind of ministry to others. Car-
los Annacondia, for example, was a highly successful busi-
nessman who gave his life to Jesus at age thirty-five. Five 
days after receiving Christ into his heart, he experienced 
the Spirit of glory like a burning fire. Compelled by the 
Holy Spirit to preach the Gospel, he began ministering the
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message of salvation in small towns in Argentina. His ministry was marked by signs and wonders, the most notable being mass deliverance from demons. A mass deliverance is a type of group deliverance and “typically ministered to an entire group of people at one time. This is in contrast to individual deliverance ministry in which one person at a time is ministered to.”

Another is Ana Mendez Ferrell, author and minister, who died and went to hell, only to come back to life still not knowing Jesus. She was in and out of mental hospitals, tried the occult, lost her children due to instability, but then recovered when she encountered Jesus and became anointed for deliverance ministry. “Living through years of torment and depression filled me with a holy rage against Satan and his destructive work,” she wrote in her book Regions of Captivity. “Setting souls free through the power of Jesus my Redeemer is one of the most important missions in my life.” Most inner healing and deliverance ministers became anointed for this work out of the issues they resolved in their own lives. This, too, is my story, many times over.

Stepping into Your Ministry

To clarify, every believer in Christ is in ministry. You, therefore, are a minister. A Christian is always an intercessor on some level, meaning you are called to pray on behalf of others in partnership with the Holy Spirit. A believer is also a minister of the Kingdom wherever God has given you influence. This includes sharing the Gospel of Jesus Christ and operating in the signs of a believer, such as healing the sick and casting out demons. We often categorize “real”
ministers narrowly—as being those who receive a paid salary from a church or from a recognized parachurch ministry. Real ministry is done by all those who have surrendered to Christ, paid or unpaid, recognized or unrecognized.

I bring up the necessity of wholeness in ministry, having learned that engaging any level of ministry or intercession draws attention to the condition of your heart. The prophet Jeremiah wrote, “The heart is deceitful above all things, and desperately wicked; who can know it?” (Jeremiah 17:9). I have learned the hard way that we really do not know what is in our heart, unless the Holy Spirit reveals it. At the same time, most of us are in some kind of spiritual violation of the Scriptures in some manner, either knowingly or more often out of ignorance. Unhealed issues of the heart and violations of spiritual laws are opportunities that Satan takes advantage of to hinder our lives and diminish our earthly ministries. He looks for legal grounds to attack and bind us because he is a thief and wants to seize everything we have. He also seeks to hinder any effective ministry from coming out of us.

With that said, I have had to be realistic and intentional to press into reputable inner healing and deliverance ministry as well as to engage in extensive Christian counseling and trauma therapy. If I am going to be an effectual minister and intercessor who lasts, I have to work on my heart. I had no idea that the countless hours of dealing with the messiest parts of my life would yield a book like this ultimately. As a matter of course, I have also become well-versed with the many streams and methodologies employed by inner healing and deliverance ministers, such as Restoring the Foundations, Elijah House, Heart Sync and Bethel Sozo, and I encourage you to do the same.
Do You Want to Be Made Whole?

To get started, let’s define the terms *inner healing* and *deliverance*:

Inner healing is the healing of the inner [person]: the mind, the emotions, the painful memories, the dreams. It is the process through prayer whereby we are set free from resentment, rejection, self-pity, depression, guilt, fear, sorrow, hatred, inferiority, condemnation, or worthlessness, etc.\(^{14}\)

It includes healing of the wounded spirit as well, something that occurs through parental rejection, occult ritual abuse and more. *Deliverance* is the process of casting out demons.

Deliverance is from God and is part of the blessing of being in covenant with Him. It only destroys what is of the devil; it never destroys what is of the Holy Spirit. Since deliverance is a work of the Holy Spirit, it builds up the saints and edifies the Church. It tears down the strongholds of the enemy but builds up the work of God.\(^{15}\)

My observation and personal experience with inner healing and deliverance ministry is that they work best together and not separately. To reiterate, the apostle Paul described Jesus as being anointed with power by the Holy Spirit to heal all who were oppressed by the devil.\(^{16}\) There is a clear connection made in this verse between healing and deliverance. The elderly woman I mentioned earlier needed a demon cast out of her, but there was a reason that demon was there. There was something in her that needed to be repented of and healed, or deliverance from a demon would not happen or would not last. Always remember that sin opens the
Door. Demons gain entry points into your life either through sin committed by you or, in other cases, sins committed against you. The demon may have gained control of the elderly woman through doors of childhood or spousal abuse, occultism, drug addiction, rage, some kind of willful and habitual sin, or even something else. Unfortunately, people tend to focus on being delivered from demons without addressing why the demons had access to the person’s life in the first place. Demonization may have occurred for one or more of a hundred different reasons, but these reasons will need to be uncovered by the Holy Spirit and then healed by the power of Jesus Christ.

**A Greater Anointing Awaits You**

Every anointing of the Spirit upon your life has a starting point and is followed by a season of learning how to walk it out effectively. That elderly woman in the facility was not the first person that I was sent to speak to by that familiar prompt of the Holy Spirit. Thankfully, I did not receive the same reaction from most persons that I reached out to in this manner. As these promptings continued, especially during those new years as a Christian, instinctively I spent a few moments in prayer, trying my best to hear the heart of the Holy Spirit for each person-to-person assignment. Over the course of years, however, I received similar internal pushes from the Holy Spirit not just to minister and pray for specific people, but to go on location and pray in various places. I noticed how everything I did had some kind of deliverance edge to it, be it ministry to individuals or strategic prayer for geographical locations.
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I admit these kinds of prayer excursions can be harder to measure for impact. Still, when you know Him and you know His voice, you learn to step out in simple trust and pray the things He has brought to your heart to pray. This powerful act of partnership is based on Jesus’ prayer instructions to His disciples and now to us, specifically to pray for God’s Kingdom to come and His will to be done “on earth as it is in heaven” (Matthew 6:10). This kind of intercession creates a genuine heaven-to-earth connection and is intended to bring deliverance to geographical regions from territorial demons that have blinded its residents from receiving the Gospel of Jesus Christ. From numerous historical accounts, as well as from my own personal experience, it is clear that before there is ever a revival, meaning a mass geographical conversion to the Gospel of Jesus Christ, there is first an intercessor. That intercessor will understand deliverance not only on a personal level, but also for territories, and know how to bring deliverance on a regional level and beyond.17

At this point, you might be asking, Isn’t this book supposed to be about inner healing and deliverance, but more on a personal level? It absolutely is! I brought up the lifestyle of an intercessor, meaning the traveling prayer assignments and intense intercession, to jumpstart a highly needed and more generalized discussion about wholeness in personal ministry.

Decide to Be Made Whole

Successful inner healing and deliverance is more about the journey and the process of becoming whole. It is not an instant fix to life’s ailments because healing takes time. With
that said, a person will need to have some airtight, rock-solid reasons to go ahead and heal. In John 5:1–9 we read,

After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, “Do you want to be made well?”

The sick man answered Him, “Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me.”

Jesus said to him, “Rise, take up your bed and walk.” And immediately the man was made well, took up his bed, and walked.

Jesus asked the infirmed man at the pool of Bethesda, “Do you want to be made well?” (verse 6). Why would Jesus ask a seemingly obvious question? Doesn’t everyone want to be well? When you decide to go after your healing, there is always work involved. It takes work to confront and resolve the difficult parts of your past that you have never confronted before. It takes work to not only dig up deep-level pain and deep-seated fear but to hold steady on to God when your internal world turns upside down. Those unruly emotions that arrive with the process are not only temporary but ex-
ceedingly fierce. This is the reason you will need to remind yourself often why you want to be made well.

Right now, I want to provide you with inspiration to fully engage your personal inner healing and deliverance journey. God is eagerly waiting to design unprecedented beauty from your ashes. When He delivers and restores you, He does so with an exclamation point. In addition, people you have not met yet are depending on your healing story. There is a far-reaching ripple effect that occurs when one person receives wholeness, healing and deliverance. It is a rippling that impacts not only the here and now but also entire lineages for generations to come. God spoke His promise to me, and I believe it is a promise for you as well. He said, *What beat others, won’t beat you.* If your situation seems impossible, know that you are being kissed with a divine grace to overcome what others would not or could not overcome. You, too, are receiving the Holy Spirit’s gift of faith, which is supernatural faith and not ordinary faith. With God’s help, you will defeat the worst damage of your past, as long as you keep answering yes to His question, “Do you want to be made well?” (John 5:6).

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**MY PRAYER FOR YOU**

_In the name of Jesus, I invite the Holy Spirit to begin a miraculous healing work inside of your heart. I ask Him to provide you with supernatural courage and a divine ability to face what you have never been able to face before. May He give you the strength to overcome and heal from everything determined by man as impossible._

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to heal from. I pray that you hear, know and believe the good word that He has spoken about you since eternity. May His love and glory utterly compel you to rise up from your ashes and dark places and soar to great heights in the Lord. In Jesus’ name, Amen.

**KINGDOM REFLECTIONS**

1. Jesus, God in the flesh, had to be anointed by the Holy Spirit to heal and deliver people from demonization. Just as Jesus experienced and foretold, we can become anointed by the Holy Spirit Himself for inner healing and deliverance ministry.

2. It is the anointing that destroys the yoke, which is a biblical metaphor to describe a heavy, burdensome task or obligation. It will also destroy demonic bondages of any kind.

3. Unhealed issues of the heart and violations of spiritual laws (sin) are opportunities that Satan takes advantage of to hinder our lives and diminish our earthly ministries.

4. People might focus on being delivered from demons without addressing why the demons had access to the person’s life in the first place. Deliverance and inner healing always go together.

5. When God delivers and restores you, He does so with an exclamation point. People you have not met yet are depending on your healing story.
**KINGDOM QUESTIONS**

1. How often do we misdiagnose demonization as mental illness? Can you cite any clear examples of misdiagnosis?

2. What is the purpose of the anointing? How has the anointing broken any yokes in your life?

3. Have you ever felt hindered in personal ministry because of emotional wounds and spiritual bondage? Why or why not?

4. Why would some people reject the process of receiving personal inner healing and deliverance?

5. Do you want to be made well?