

WORKBOOK

The
ESSENTIAL
GUIDE
to
HEALING

EQUIPPING ALL CHRISTIANS
to PRAY for the SICK

BILL JOHNSON
and RANDY CLARK



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ALL CHRISTIANS ARE CONDUITS

We can sum up our reason for teaming up to write *The Essential Guide to Healing* and this workbook to go along with it in one line: *More people get healed when more people pray for healing.*

Every Christian is a conduit through whom the Good News of the Gospel and the power of the Holy Spirit can flow to the world. That means God can use you to pray for the sick, and it is our hope that you will do exactly that after going through this study.

You can become a conduit for the healing power of God to flow to those in need. As you read *The Essential Guide to Healing* and work through the sessions ahead, you will gain both the scriptural foundation for that statement and the experience to back it up. That is our purpose and prayer.

We believe that all Christians should be equipped to pray for the sick. While it is true that some have a gift of healing, we all can be educated about how to pray for healing. We all can be ready to put that knowledge into practice when God gives us opportunity—and He will, if we are ready and willing!

The ministry of healing is not reserved for a select few. It is for *you*.

READY AND WILLING

How to Use This Workbook

Note: The recommendations in this section come from the editors of Chosen Books.

The Bereans, because they received the message of the Gospel with great eagerness and examined the Scriptures daily to see if what they were hearing was true, were called noble in the book of Acts (see Acts 17:10–12). The King James Version says they received the word “with all readiness of mind” (verse 11). Are you ready and willing, as the Bereans were, to learn all you can about important spiritual things? Are you eager to examine important truths about the healing ministry and experience those truths in action for yourself?

This workbook, which we have divided into different sessions that follow along with the chapters in *The Essential Guide to Healing*, is designed to take you through that process. As you work through these sessions, you will gain a solid scriptural and theological basis for seeing the gifts of the Holy Spirit in operation today, particularly the gifts of healing. You will understand your authority when it comes to the ministry of healing, and you will learn how to receive and relay words of knowledge related to healing. You will also be able to walk out healing ministry with greater boldness and effectiveness by implementing what we call the Five-Step Prayer Model.

Each session in this workbook is divided into four lessons. If you take a day or two to cover each lesson, you can get through each session in a week, a pace that lends itself well to either individual or small group study. To get the most out of the pages ahead, we suggest that you move through each lesson thoughtfully, taking your time with the readings from *The Essential Guide to Healing* and any accompanying Scripture readings. After you have read through

the lesson and assigned readings, answer the questions that follow in “The Berean Approach” section. Pray that the Holy Spirit will give you insight and “guide you into all truth” (John 16:13) as you move through the readings and answer each question. He is in every way our “essential guide,” ready to teach us everything we need to know and fully equip us to carry out His purposes and plans for us. Keep a ready mind and an open heart, as the Bereans did, and expect that God will use this study to make you more effective in delivering His healing power to those in need.

At the end of each session, you will also find a video guide with fill-in-the-blank questions you can answer while watching the video segments we have filmed to go with each session. While you can use *The Essential Guide to Healing* book and workbook to study this topic on your own, it would add greatly to your experience to purchase and view the videos as well. In each video we add more insight and clarification about each session’s focus, and the videos are designed to enhance and complement the book and workbook.

The ideal would be to join—or even host—a small group study so that you and other believers can work through these materials together. In a small group setting, you can foster in-depth discussion about the readings, questions and videos, and you can encourage each other as you all grow your ability to minister healing. Within your group, there is even opportunity to practice the Five-Step Prayer Model and gain practical experience along with knowledge. If an *Essential Guide to Healing* study group is forming at your church or somewhere nearby, we urge you to join in. If no study group is available, consider putting one together. To help you do that, we have made available an *Essential Guide Curriculum Kit* for group leaders. It contains not only the book and workbook, but also the video segments and a special leader’s guide that walks you through the steps to follow in organizing a study group and hosting the individual meetings.

RANDY'S JOURNEY

. . . I was in my office praying, “God, thank You that I’m not a liberal. I believe Jesus did what the Bible says He did. And thank You that I’m not a cessationist. I believe He still does what He did then.”

I was expecting a “Well done, thou good and faithful servant with whom I am well pleased.” But instead I heard from the Lord, “So what?”

“What do you mean, so what?” I quickly asked Him.

I heard, “You might as well be a liberal or a cessationist. It isn’t enough to say you believe I still do what I did—if you don’t know how to move in My gifts, you won’t be able to do any more than a liberal or cessationist does.”

This communication from the Spirit shook me. I determined right then that I would learn how to move in the gifts of the Holy Spirit.

Essential Guide, page 23



Day 1

HOW I CAME TO BELIEVE IN HEALING

Randy

Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory.

Ephesians 3:20

God had spared me for a purpose. That was the only explanation that made sense about how I survived the major auto accident I tell you about in today's reading from *The Essential Guide to Healing*. Judging by the pictures of the car afterward (or what was left of it), clearly I should not have survived. Yet not only did I live, but God also healed me of numerous life-threatening injuries.

During my hospital stay, people prayed for me repeatedly and God would heal one thing or another (there were plenty of injuries to choose from). By the end of my ordeal, there was no denying that God had healed me in stages, miraculously and completely. I was able to leave the hospital several weeks before the doctors thought I would.

That experience, combined with a few other amazing miracles people close to me experienced, increased my faith and raised my interest in healing. That is how I came to believe in healing, and to this day, my faith and interest in it continue.

- Today's Scripture reading: Jeremiah 29:11–13
- Today's reading from *Essential Guide*: pages 9–20

The Berean Approach

1. I state in the book's introduction that to properly understand the subject of healing, one has to experience it. Think of a healing that you or someone close to you experienced. In what ways did that increase your faith and raise your interest in our topic?

2. By telling you the story of getting up out of bed after the doctors told me that movement could paralyze me, I was not suggesting that you defy sound medical advice on a whim when you need a healing. On what did I base my decision to get up? Why was that important? (See *Essential Guide* pages 16–17.)

3. Although the amazing experiences of some people close to me built my faith in healing, the death of my grandfather from cancer also introduced doubt. Have you had a similar experience that set back your faith in healing? What Scriptures or biblical principles helped you work through that?
