



Find Peace and Assurance in All You Do

Life is just . . . a *lot*. Relationships are hard. Responsibilities are piled high. And it seems like *all the things* are distracting you from the very best things of all. There's little time left for yourself—or for connecting with Jesus.

Trusting God in All the Things: 90 Devotions for Finding Peace in Your Every Day provides a practical tool for spiritual growth in the many areas where women commonly struggle. By using this devotional as a starter for simple, attainable time with God, women will renew their strength and find new perspectives on what God is doing in their everyday lives.

“Ruth Schwenk and Karen Ehman have done it again—and those of us who love their devotionals are better for it! This devotional will help you live devoted in the midst of ‘All the Things.’”

—Wendy Speake, author of *Triggers* and *The 40-Day Sugar Fast*

New York Times bestselling author Karen Ehman and popular blogger Ruth Schwenk write to the women who

- feel overwhelmed but want to learn to rely more consistently on God
- experience unwanted circumstances and fear the future
- need assurance to silence and calm their frenzied heart
- face anxiety and struggle to find hope
- desperately need encouragement and renewed strength from God's Word

Trusting God in All the Things offers fresh, topical devotions for believers to ponder, reflect, and pray over. These topics include overcoming overwhelming feelings, seeking calm, repairing broken relationships, surrendering expectations, making time for what matters most, filling our lives with praise for God, and more! Each short devotion is paired with takeaway questions and a prayer starter.

About the Authors

Karen Ehman is a *New York Times* bestselling author with Proverbs 31 Ministries as well as a writer for *Encouragement for Today*, an online devotional that reaches more than four million women daily. She has authored eighteen books, including *Keep It Shut* and *Reach Out, Gather In*. Married to her college sweetheart, Todd, she's the mom of three adult children and two children-in-law, although she forgets which are which. The Ehmans reside in the middle of The Mitten State—Michigan.

Ruth Schwenk is the founder of the popular blog *TheBetterMom.com*, and along with her pastor/author husband, Patrick, the podcast *Rootlike Faith*. She is the trusted author of several books, including *The Better Mom Devotional* and *In a Boat in the Middle of a Lake*. Ruth is a Michigan football superfan and self-proclaimed foodie. But her greatest joy is her family. She lives with her husband and four children in the beautiful college town of Ann Arbor, Michigan.



Trusting God in All the Things: 90 Devotions for Finding Peace in Your Every Day

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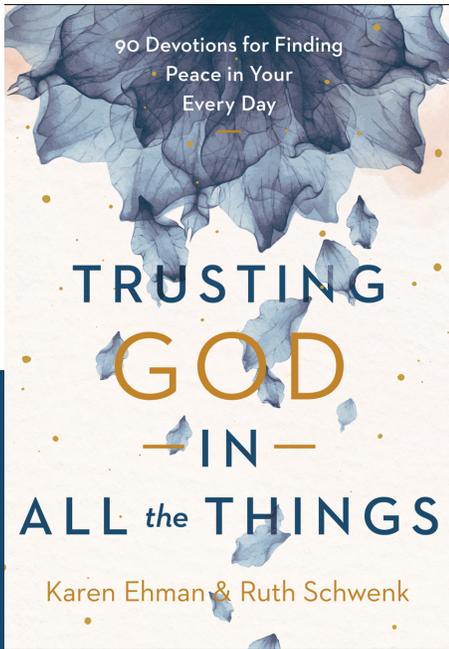
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About the Book

Open camera app on your phone and focus on the QR Code. Click the notification at the top of the screen for more info on this book.

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Sample Interview Questions

Trusting God in All the Things: 90 Devotions for Finding Peace in Your Every Day

1. Your new book, *Trusting God in All the Things*, includes 90 devotions about trusting God in specific areas of your life. What are some of the topics covered?
2. What does it look like for a believer to trust God practically in the various areas of life?
3. How can we begin to identify the areas in our lives where we are not trusting God?
4. What Scriptures do you personally find helpful for growing your trust in God?
5. How can believers start exchanging their fears and anxieties for trust in the Lord?
6. What are practical ways we can begin centering our thoughts and daily activities on Christ?
7. **Karen**, you write that when believers encounter difficult circumstances, we often ask “Why?” How can we stop putting emphasis on unanswered questions and focus on Christ instead?
8. **Ruth**, you remind us that Jesus faced intense grief and extreme stress. How can reading about Jesus’ experiences help us when we feel overwhelmed?
9. For the women struggling to find a glimpse of hope, what words of encouragement can you offer?
10. Where can people connect with you and pick up their own copy of *Trusting God in All the Things*?

GUESTS: Karen Ehman, *NYT* bestselling author
Ruth Schwenk, blogger, podcast host, author

BOOK: *Trusting God in All the Things: 90 Devotions for Finding Peace in Your Every Day* (Available April 2022, Bethany House)