

Sissy Goff



SAMPLE INTERVIEW QUESTIONS



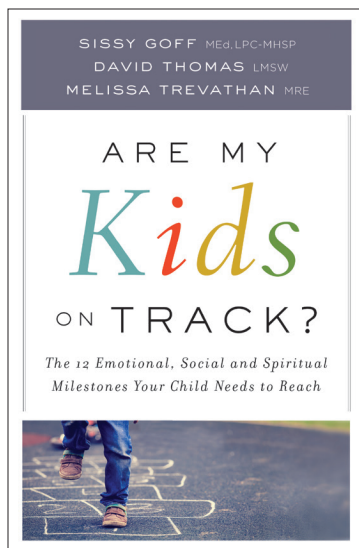
David Thomas



Melissa Trevathan

Are My Kids on Track?
The 12 Emotional, Social, and Spiritual Milestones
Your Child Needs to Reach
by Sissy Goff, David Thomas, and Melissa Trevathan

1. Why did you believe this book was especially important to write? What sets it apart from so many other great parenting books out there?
2. Talk some about the differences in how boys and girls handle failure and disappointment. It was interesting to read about how that can impact their social and emotional development.
3. How do you think technology is impacting how kids develop socially and emotionally?
4. Research tells us that children and adolescents who have a strong foundation in emotional literacy tolerate frustration better, get into fewer fights, and engage in less self-destructive behavior than children who don't have a strong foundation. These children are also physically healthier, less lonely, less impulsive, more focused, and have greater academic achievement. How could this book help teachers and administrators in schools?
5. Each chapter ends with 10 practical ways to help kids progress toward that particular milestone. Give us some other examples of how you made the book user-friendly for parents and educators.
6. In your books on boy and girl development, you were committed to making the content informing but also accessible and enjoyable. How were you able to accomplish that in tackling 12 emotional, social, and spiritual milestones?
7. Why did you believe this book was especially important to write? What sets it apart from so many other great parenting books out there?
8. Parenting today seems to be harder than ever before. With over 80 years of combined counseling between all of you as authors, what are some distinctive trends you are seeing among kids today? What about among parents?
9. I know you say often that kids learn more from observation than from information. How does that affect how we see our kids moving through the social, emotional, and spiritual milestones?
10. Research is pointing, more than ever before, to the difference that faith makes in the life of a child...not just spiritually but also emotionally. How do you see this taking place, and how can a parent help facilitate that kind of faith?
11. There is a lot of buzz around words like "grit" and "resilience" in kids. Why do you believe these traits are important? Does your book address how to help kids grow more grit, and parents, maybe, as well?



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