

SISSY GOFF MEd, LPC-MHSP
DAVID THOMAS LMSW
MELISSA TREVATHAN MRE

 BETHANYHOUSE

A DIVISION OF BAKER PUBLISHING GROUP

BOOK ANNOUNCEMENT

Licensed Counselors Offer Roadmap for Tracking Your Children's Spiritual Growth

Are My Kids on Track?

The 12 Emotional, Social, and Spiritual Milestones Your Child Needs to Reach

by Sissy Goff, David Thomas, and Melissa Trevathan

From birth to adulthood, our children's physical and intellectual development is carefully tracked and charted. But what about their hearts? After all, how our children develop emotionally, socially, and spiritually will determine who they become as husbands and wives, fathers and mothers, friends and co-workers.

Are My Kids on Track? helps you identify and measure 12 key emotional, social, and spiritual milestones in your children's lives. Moreover, you will discover practical ways to guide your kids through any stumbling blocks they might encounter and help them reach the appropriate landmarks. Along the way the authors pinpoint the different ways boys and girls develop, so you can help your child flourish in his or her own way.

Filled with decades of experience from three practicing counselors, speakers, and writers, this book provides you with valuable, current research and user-friendly, hands-on practices to make supporting your kids' soul development a seamless part of family life. Don't just raise smart kids—raise courageous, compassionate, resilient, empathetic kids too.

ABOUT THE AUTHORS:



Sissy Goff, MEd, LPC-MHSP, is a counselor and a regular guest on media such as *Moody Middy Connection* and *The Chat with Priscilla*. She has a column in both *Parenting Teens* and *ParentLife* magazines and lives in Nashville, Tennessee.



David Thomas, LMSW, is a counselor and frequent guest on national television and radio, including *Moody Middy Connection* and *The Chat with Priscilla*, and has a column in *ParentLife* magazine. He and his wife, Connie, have a daughter and twin sons and live in Nashville, Tennessee.



Melissa Trevathan, MRE, has been a teacher, head of spiritual life at a private school, and founded *Daystar Counseling Ministries* in 1985. She is a sought-after speaker and writer and lives in Nashville, Tennessee.

ARE MY *Kids* ON TRACK?

*The 12 Emotional, Social and Spiritual
Milestones Your Child Needs to Reach*



Are My Kids on Track?

by Sissy Goff, David Thomas,
and Melissa Trevathan

Trade Paper ISBN: 978-0-7642-1912-2

\$15.99; 304 pp.

Ebook ISBN: 978-1-4412-3079-9

Release Date: February 2017

Media Contacts

PUBLICIST: **Grace Kasper**

952-829-2555

gkasper@bakerpublishinggroup.com

CANADIAN MEDIA: **Ellen Graf-Martin**

519-342-3703

ellen@grafmartin.com

Please send tear sheets to:

Grace Kasper

Bethany House Publishers

11400 Hampshire Ave. S. #200

Bloomington, MN 55438

Available at your local bookstore, bethanyhouse.com or by calling 1-800-877-2665.